



## Values Are Like a Compass

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You can picture **a compass** to get another perspective on your values.

A compass is like your values, guiding you in the right direction – like the true north of your heart.

The compass has no end point. If you are going east, you can keep walking without anybody stopping you. The same is true with values. If you cherish being helpful to people and assist a colleague at work once, you are not finished with this embodying value. There are so many other opportunities to act like this!

**You can look at your compass at any moment to see the direction you want to head.** Or the qualities that you want to embody in your actions.

Take your time and consider, **in what valued direction do you want to head?**